

# SAFETY and HEALTH VIDEO LIBRARY

Department of Labor & Industries

## Catalog Supplement - Spring 2004

### **Abrasive Blasting**

V1030 12 Min 2003

Covers the topics associated with sandblasting and other abrasive blasting including PPE, equipment setup and inspection, safe operating procedures, job site conditions, and bystander safety. NOTE: The paper dust mask shown in this video is not approved for protection against any workplace contaminants. R M Distributors

### **Aerial Lift Safety**

V1044 7 Min

Refresher training demonstrates safe operation procedures, pre-operation inspection, work site evaluation and best safety practices. For more comprehensive training use V0722.

Summit Training Source Inc

### **Alto Impacto : Montacargas Entrenamiento de Operadores (High Impact : Forklift Operator Training)**

V1043 9 Min

Forklift accidents re-created in this video show operators and pedestrians the life-threatening consequences of incorrect and unsafe lift truck operation. English version V0778. Warning! May be too graphic for some audiences.

R M Distributors

### **Alto Impacto El Seguridad De Los Ojos (High Impact : Eye Safety)**

V1042 6 Min

Graphic incidents motivate workers to wear proper eye protection. Covers: different types of eye protection, using eyewashes and emergency care for eye injuries. Intended for safety meetings. English version V1041. Warning! May be too graphic for some audiences.

R M Distributors

### **Asbestos Awareness**

V1034 26 Min 2003

Introductory asbestos awareness training for employees. Details the risks of exposure and procedures to minimize exposure. Covers: crysotile, amosite and crocidolite; adverse health effects; hazard communication; personal protection; and housekeeping requirements.

Coastal Video Communications Corp

### **Assessing Risks of Toxic Chemicals**

V0983 11 Min 1997

Introduction to hazardous chemicals in laboratory and requirements of WAC 296-62 Part Y. Geared to the research rather than clinical laboratory.

Howard Hughes Medical Institute

### **Because It's Your Foot**

V0964 4 Min 2001

Designed as a meeting opener for a foot protection or PPE presentation. Grabs attention, is fast paced, and has no spoken Script. Visual. Industrial and construction work environments.

Aurora Pictures Inc

### **Biological and Chemical Threats - Closing the Door**

V0935 17 Min 2001

For safety management and supervisory personnel, an awareness video describes the potential of biological and chemical attacks. Host Phillip Michael Thomas describes symptoms, and preventative measures for Anthrax, Smallpox, Botulism, Plague, Tularemia and Viral Hemorrhagic Fever. Gives examples of security measures for biological contaminants, air quality, and intrusion by dangerous chemicals. Stresses the importance of developing policies and evacuation plans and procedures.

Coastal Video Communications Corp

### **Biological Threats in Healthcare - Identify and Respond**

V0940 17 Min 2002

For health care professionals. Covers 6 major biological agents (Anthrax, Plague, Botulism, Smallpox, Tularemia, Viral Hemorrhagic Fever); clinical management of infected patients; gives infection prevention measures for healthcare providers, and tips for handling mass exposure emergencies. Emphasizes biological disaster preparedness.

Coastal Video Communications Corp

### **Bloodborne Pathogens : Protect Yourself (Revised)**

V1003 15 Min 2002

For all employees. Covers basic bloodborne precautions; HBV, HIV, AIDS and HCV, first aid precautions, decontamination procedures; and housekeeping. Does NOT cover pre-exposure HBV vaccination or the BBP standard. Updated 2002 version of V0304 to include HCV. CC

Coastal Video Communications Corp

### **Bloodborne Pathogens : Think Before You Act**

V0930 20 Min 2002

Overview of hazards and BBP standard requirements for general industry. Includes information on Hepatitis C, latex allergy, and the use of "safer" medical devices. Provides background information for discussion of specific workplace procedures and policies. Includes an instructor guide, handbook, and sample exposure control plan.

Coastal Video Communications Corp

### **Carpal Tunnel Syndrome & Other Upper Extremity Disorders for Arborists**

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V0970                      13 Min                      2000  
 Develops awareness of musculoskeletal disorders and techniques for arborists to use to minimize risks. Shows how to vary work activities, take stretch breaks, change or modify tools and equipment handles, proper postures and how to minimize exposure to vibration.  
 Forest Industry Safety & Training Alliance, Inc

**Carpal Tunnel Syndrome & Other Upper Extremity Disorders In the Logging Industry**  
 V0971                      13 Min                      1998  
 Describes how to prevent musculoskeletal disorders while performing typical logging activities. Gives examples of early symptoms and suggestions to correct problems before a severe injury develops. Forest Industry Safety & Training Alliance, Inc

**Case of the Ladder Bandit**  
 V1031                      10 Min                      2002  
 Perk up ladder safety training with this humorous dramatic investigation by the Mayberry Deputy. At first it seems a bit corny, but hang in there by the end of the program viewers will remember ladder basics. Topics include: Ladder inspection; maintain three points of contact; the belt buckle rule; safety precautions for stepladders, straight and extension ladders; and the consequences of taking shortcuts.  
 R M Distributors

**Centrifugation Hazards**  
 V0977                      9 Min                      1995  
 Reviews good laboratory practices for safe use of centrifuges.  
 Howard Hughes Medical Institute

**Chainsaw Leg Protection**  
 V0969                      4 Min                      2002  
 A brief, but graphic demonstration of the devastating effects a chainsaw has on various materials; jeans; old chaps; state of the art chaps. May be duplicated.  
 Department of Labor & Industries, State of Washington

**Chainsaw Safety in the Sawmill**  
 V0968                      20 Min  
 Part 1: (12 min.) Covers inspection and maintenance of the chainsaw. Stresses wearing proper protective equipment when handling a chainsaw in the mill environment. Part 2 : (8 min.) Chainsaw Maintenance. Details maintenance including cleaning, and inspection of chainsaw parts and proper body mechanics. Forest Industry Safety & Training Alliance

**Chemical Handling Safety : Basic Principles (Updated General Principles)**  
 V1036                      17 Min                      2003  
 A comprehensive overview of the Chemical Handling Series with general information about reading labels and material safety data sheets; classification of flammables, toxics, corrosives and reactives; compressed gas storage and handling, chemical storage and handling; chemical hazard identification; and DOT labels. Describes the types of exposure risks associated with chemicals. Emphasizes the

importance of PPE and proper emergency response. Updated version of V0611  
 Coastal Video Communications Corp

**Chemical Handling Safety : Flammables (Updated)**  
 V1038                      17 Min                      2003  
 Describes flammables and their safe handling and storage. Gives overview of DOT labels, NFPA labels and material safety data sheets. Also covers fire basics, recognition of ignition sources and emergency response. Completely revised V0606.  
 Coastal Video Communications Corp

**Chemical Handling Safety : Solvents (Updated)**  
 V1039                      17 Min                      2003  
 Identifies and classifies various solvents. Explains the hazards of solvents; how to hand and transport solvents safely. Describes the importance of preventing exposure to solvents with PPE and engineering controls. Reviews emergency response. Complete revision of V0607.  
 Coastal Video Communications Corp

**Chemical Handling Safety: Corrosives (Updated)**  
 V1037                      17 Min                      2003  
 Describes corrosive materials; how to identify and classify by label. Includes corrosive solids, liquids, and gasses; emergency procedures; storage and safe handling. Explains hazards to skin and eyes, and appropriate PPE.  
 DISCLAIMER : Not appropriate for agricultural training, because tractors are shown without rollover protection, a code violation.  
 Coastal Video Communications Corp

**Chemical Hazards**  
 V0981                      10 Min                      1994  
 Demonstrates the safety principles that apply to working with hazardous chemicals in the biological laboratory. Covers the protocols phenol-chloroform extraction and ethanol precipitation.  
 Howard Hughes Medical Institute

**Chemical Storage Hazards**  
 V0978                      11 Min                      1995  
 Reviews the basic principles of safe chemical storage in research laboratories.  
 Howard Hughes Medical Institute

**Christmas Tree Harvest Safety**  
 V0962                      20 Min                      2002  
 An innovative "silent movie" designed to reach workers of all languages. Shows the day in the life of a harvester beginning with work preparations and ending with loading processed trees for transport. Includes: work clothing, cutting, movement of trees and personnel, processing and loading.  
 DISCLAIMER: Drop starting as seen in the video is prohibited. Riding in truck bed as seen in video is prohibited. High visibility vest is required during helicopter operation.  
 Dept of Consumer Business & Services, Oregon OSHA

**Close Calls and Near Misses**

V0957 18 Min 2000  
Demonstrates to employees the importance of reporting close call incidents correcting hazards, unsafe conditions, emergency response, controlling emotions, and avoiding complacency in safety procedures. Industrial work environment. Spanish version V1024.

ERI Safety Videos

### **Confined Spaces and the Entry Permit System**

V0954 20 Min 2002

Gives the definition of a confined space, the written confined space entry program, explains the difference between permit and non-permit required spaces, confined space hazards and the entry permit system. Also covered are the responsibilities of each of the confined space entry team members: the entry supervisor, the standby attendant and the entrants. Filmed in a variety of industrial environments with tanks, silos, pits, vessels and other confined spaces.

ERI Safety Videos

### **Conflict Resolution (CC)**

V1007 10 Min 1995

Produced in the style of "Home Improvement". Shows several ways to resolve differences of viewpoint, including strategies of compromise, accommodation, collaboration, avoidance and competition and suggests the circumstances under which each strategy may be most effective. Same as V0452 but Closed Captioned.

Primedia Workplace Learning, Safety Watch

### **Controlling Your Risks : HIV in the Research Laboratory**

V0976 28 Min 1994

General overview of HIV exposure hazards in the laboratory. Promotes the culture of safety in the lab. Includes guidelines on the appropriate use of PPE, cleaning & disinfection, engineering and workplace controls. Program is a supplement to formal instruction.

Howard Hughes Medical Institute

### **Disaster Readiness**

V0995 13 Min 2002

Careful planning and training are the keys to preparing for the unexpected whether it is fire, earthquake, chemical release, or workplace violence. Covers: reporting an emergency, variables to consider for proper preparation, elements of an emergency response plan, and best procedures for various emergency situations. Includes scenarios depicting real life emergencies and drills.

Summit Training Source Inc

### **Distracted Driving**

V0944 16 Min 2002

Distracted Driving discusses five major types of distractions: cell phones and other gadgets, children, aggressive drivers, drowsiness, and traveling away from home. In each segment, dramatic reenactments illustrate the dangers, as well as the use of safe driving techniques. Good judgment, alertness, and patience are stressed as the basics of safe driving. Provides

realistic solutions to common problems.

Aims Multimedia

### **Driving in the Rain**

V0991 6 Min 2003

Emphasizes keeping vehicles well maintained. Describes hydroplaning and safe procedures in rainy weather or on flooded roads. Reviews basic driving skills; keeping safe distance and speed, skid control, and using ABS or manual braking.

R M Distributors

### **Drums, Blocks, Sheaves & Wire Rope Terminations**

V0929 29 Min 2001

Emphasizes the importance of understanding rigging and wire rope manufacturers' specific operational criteria and incorporating it into a methodic inspection and maintenance program. Features live footage and instruction on wire rope installation, hook block selection and reeving, wire rope terminations (clips, wedges), fleet angles, calculating parts of line. Hardware inspection criteria are provided for several types of cranes and hoists.

Moxie Media

### **Eight Minute Workplace Stretch**

V0967 22 Min 2002

Stretch program designed for general workplaces in two parts. Pt. 1 Eight minute follow along stretch program. Pt.2 In depth exercises follow-up for training the exercise leader.

### **El Nuevo Trabajo de Jorge : La Importancia del Analisis de la Cholinesterasa (Jorge's New Job...)**

V1033 11 Min 1994

Explains the reasons for and the importance of cholinesterase testing for pesticide handlers. Addresses common questions asked by people who work with pesticides and clears up some of the misconceptions regarding cholinesterase testing. Viewers are cautioned that references are to California law not Washington State requirements. English and Spanish version V0948.

University of California, Agriculture and Natural, ANR Communication Services

### **Emergency Action Plan - Crisis Under Control**

V0933 20 Min 2001

Reviews the elements of effective emergency plans, employee training and cooperation with law enforcement and fire departments. Emergencies covered include terrorism.

Coastal Video Communications Corp

### **Emergency Response (in the Laboratory)**

V0982 12 Min 1994

Reviews procedures for responding to laboratory fire, radiation, chemical spills and biological spills. Includes personal injuries and eyewash stations and showers.

Howard Hughes Medical Institute

### **Examining Fatal Shipyard Accidents**

V0949 14 Min 2002

Depicts actual fatal accidents, examines what went wrong

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and shows subsequent hazard abatement recommendations. Shows a wide range of shipyard accidents including rigger crushed by crane, confined space fire, scaffolding collapse, workbench grinder wheel shatters, and electrocution. Animated, but graphic.

US Dept of Labor/OSHA

### **Eyewash Showers and Stations (CC)**

V0972 8 Min 1994

Clearly demonstrates how to use eyewash showers, types of eyewash stations and proper locations. Suggested to supplement or as refresher training. Same as V0472.

Primedia Workplace Learning, Safety Watch

### **Facility Security - The Critical Link**

V0936 18 Min 2001

Designed to create an awareness of threats and danger in the workplace. Includes how to eliminate the opportunity of cyber crime, bomb and biological threats, industrial espionage, and arson. Intended for general audiences.

Coastal Video Communications Corp

### **First Aid in the Workplace**

V1005 17 Min 1994

May be used in conjunction with a formal first aid training course, but is NOT a substitute for training as required by WAC 296-800-15005. Gives an overview of the role and responsibilities of the first person at the scene of an emergency. Tells how to contact help and what to do until help arrives. Covers minor first aid techniques and reviews basic CPR. (CC)

Summit Training Source Inc

### **First Aid on the Job : Initial Response (CC)**

V1001 26 Min 1994

Designed for those who may not be first aid certified, but may be first on the scene of an accident. Emphasizes primary assessment of various illnesses and injuries on the job. Includes techniques for moving a victim, stopping bleeding, and precautions against bloodborne pathogens. Hosted by Bobby Sherman. CC version of V0567

Coastal Video Communications Corp

### **Forklift Pedestrian Safety**

V1013 10 Min 2003

Intended for those on foot working in areas where forklifts are being used. Dramatic footage gives those watching a new awareness of view from the driver's seat and realize that they cannot assume that the driver can always see them. Also illustrates how differences in handling and turning between forklifts and other vehicles. May be duplicated.

Department of Labor & Industries, State of Washington

### **Gas Cylinders**

V1019 6 Min 1995

Depicts hazards that can result of gases contained in cylinders are handled improperly. Describes how to properly store and handled many types of gases contained in cylinders.

Summit Training Source Inc

### **Glassware Washing Hazards**

V0979 10 Min 1995

Demonstrates correct glassware washing and sterilization techniques in the research laboratory.

Howard Hughes Medical Institute

### **Groundskeeping Safety : Be a Pro!**

V0997 17 Min 1996

Explains general ground rules and safe work practices for the chemicals and equipment. Covers: proper clothing; personal protective equipment; general checklist for safety; tractors, riding and push mowers; trim and brush cutting equipment and blowers; checklist for hazardous materials. CC version

Coastal Video Communications Corp

### **Handling Structural Steel - Unloading, Sorting, Rigging**

V0953 26 Min 1999

For steel workers. Shows unloading, sorting and making the lifts. Covers various hitches, hooks and their load limits.

Effectively demonstrates the dangers of shortcutting safety procedures. R M Distributors

### **Hazard Communication : Signs of Safety**

V1010 13 Min 2003

Catchy intro music will stick with workers as they learn to identify chemical warning labels, review chemical hazards, signs and the elements of Material Safety Data Sheets. (CC)

Summit Training Source Inc

### **HazMat Transportation - Security Depends on You**

V0939 20 Min 2002

Combines safe driving procedures with the added responsibility of transporting hazardous materials. Covers: personal preparations including heightened sense of awareness and observation of environment and personnel, pre-trip inspection, security while on the road, and procedures at the delivery site. Emphasizes safety and security procedures with a post 9/11 attitude. V0244 (Safety Training for Handling & Transporting Hazardous Materials) and V0608 (Hazardous Materials Transportation) give more emphasis on HazMat training and transportation.

Coastal Video Communications Corp

### **Hearing Video**

V0960 17 Min 1997

Emphasizes the importance of preserving hearing and the permanence of hearing loss in an entertaining fashion by using vintage film clips, computer animation and noise defying stunts. Show viewers the effects of noise on hearing and explains audiometric testing. Covers choosing the right protection, proper use and maintenance of hearing protection.

Workers' Compensation Board of British Columbia

### **Heat Stress - Don't Lose Your Cool**

V0931 15 Min 2000

Instruction for those who work outdoors in hot working conditions such as construction workers, groundskeepers,

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public safety officers or indoors in foundries, bakeries or kitchens, manufacturing plants, and workers who wear full body protective suits. Describes the effect of heat on the body and heat stress disorders such as sunburn, heat cramps, heat shock and heat stroke. Training covers measures to prevent and treat heat stress.

Coastal Video Communications Corp

### **High Impact : Eye Safety (Short Version)**

V1041 6 Min

Graphic incidents motivate workers to wear proper eye protection. Covers: different types of eye protection, using eyewashes and emergency care for eye injuries. Intended for safety meetings. Short version of V0695. Warning! May be too graphic for some audiences. R M Distributors

### **High Impact : Industrial Safety Attitudes (Short version)**

V1011 9 Min 2000

Drama of safety basics from the perspective of three EMT's who respond to industrial accidents. Focus is on the importance of preventing accidents by anticipating unsafe situations; adhering to company safety rules, keeping a positive attitude; and taking responsibility for personal safety of self and others. (CC) Warning! May be too graphic for some audiences. Long version is V0886 RM Distributors

### **High Impact : Staying Alive in Industry**

V0959 19 Min 2000

Points covered: Job knowledge, training and authorization, positive attitudes, violence in the workplace, maintaining concentration and using sound judgment. Recreates seven graphic accidents: Hand caught in conveyer belt, Ladder strikes unchained oxygen cylinder causing explosion, Marital problems result in murder-suicide at assembly plant, Employee accidentally slashed with utility blade, Defeated safety feature allows fingers to be amputated by shear, Worker loses eye after neglecting to wear proper PPE and Violating confined space entry procedures results in injury.

ERI Safety Videos

### **High Impact: Emergency Action Plan**

V0958 20 Min 2001

Dramatic examples of five emergencies: a fire, workplace violence, a tornado, chemical release, and possible exposure to bloodborne pathogens. Reviews the major guidelines for each emergency. Industrial work environments.

ERI Safety Videos

### **Holiday Safety**

V1000 14 Min 1994

Humorous dramatization of a team applauded for their excellent safety record on the job as they head home to holiday preparations with disastrous results. One by one, they arrive in the emergency room for treatment of eye, back, and strain injuries reporting to Nurse Crabbitch. Emphasizes ladder safety, eye protection, seatbelt safety and safe lifting procedures off the job. Summit Training Source Inc

### **I Chose to Look the Other Way**

V0956 12 Min 2002

Dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to "look the other way," he allowed the needless death of a co-worker to occur. Based on the popular safety poem by Don Merrell, this program shows how speaking up about unsafe acts can save lives and help develop a positive safety culture. Video filmed in Industrial manufacturing and assembly operation locations. ERI Safety Videos

### **Icy Road Ahead**

V1022 23 Min 1995

Extensive winter driving demonstrations show how to control and correct a skid on ice, and the importance of tire grip and traction, vehicle behavior, driving techniques, and emergency techniques. The program supplements Driver Education and Driver Training courses, covering rules, safety and techniques.

R M Distributors

### **It's Up To Me**

V1023 14 Min 2003

Follow up to "I Chose to Look the Other Way" V0956 . Through several injury scenarios, meshed with stanzas from D. Merrell's powerful poem, viewers will see both the right way and wrong way to respond to unsafe situations. After watching this video, employees will be compelled to report or correct unsafe situations and understand that an injury-free workplace is "up to me." Scenes include lockout, guarding, eye protection, and construction sites. Warning! May be too graphic for some audiences.

ERI Safety Videos

### **La Protección del Systema Auditivo : Tiene Sentido (Hearing Protection : It Makes Sense)**

V0973 22 Min 1995

Teaches workers the hazards of noise and how to protect themselves from hearing loss. Covers: The human ear; how hearing loss occurs; audiometric testing; engineering and administrative controls; and PPE. English version V0699.

Coastal Video Communications Corp

### **Laboratory Safety : The Finer Points**

V0999 17 Min 2002

Reviews hazardous chemicals and lamps, chemical fume hoods, emergency showers, eye wash stations, chemical storage and chemical use. (CC)

Coastal Video Communications Corp

### **Laser Safety**

V0994 12 Min 2001

Training for employees working with industrial lasers. Covers: Identifies different types of lasers, safety precautions to prevent eye injury and burns, proper eyewear protections, preventing secondary injury from indirect laser exposure, and potential hazards when working with lasers. (CC)

Summit Training Source Inc

### **Life is for the Living**

V0965 4 Min 2000  
Safety meeting opener gives graphic coverage to 21 accidents that could have been prevented. Dramatically reminds viewers of the long-term consequences. Impact is visual. No spoken words.  
Aurora Pictures Inc

**Llamadas y Perdidas Cercaras (Close Calls and Near Misses)**

V1024 9 Min 2000  
Demonstrates to employees the importance of reporting close call incidents correcting hazards, unsafe conditions, emergency response, controlling emotions, and avoiding complacency in safety procedures. Industrial work environment. Short version. English version is V0957  
R M Distributors

**Los Patógenos De La Sangre : ¡Protégase usted Mismo! (Bloodborne Pathogens : Protect Yourself)**

V1004 15 Min 2000  
For all employees. Covers basic bloodborne precautions; HBV, HIV, AIDS and HCV, first aid precautions, decontamination procedures; and housekeeping. Does NOT cover pre-exposure HBV vaccination or the BBP standard. English version is V1003.  
Coastal Video Communications Corp

**Maintenance Person Safety**

V1029 13 Min 1998  
Designed for mechanics and maintenance persons. Explains some of the more important safety requirements of these positions. Covers: electrical safety, machine guarding and PPE.  
R M Distributors

**Mammalian Cell Culture Hazards**

V0984 8 Min 1997  
For research laboratory workers. Focus is on bloodborne pathogens hazards, increasing the efficiency of procedures and reducing the possibility of contamination.  
Howard Hughes Medical Institute

**Mantoux Tuberculin Skin Test**

V0987 30 Min  
Provides a clear detailed demonstration of the steps involved in administering and reading the Mantoux tuberculin skin test. For health care professionals.  
Center for Disease Control and Prevention

**Medical Emergencies - Citizen Responder**

V0934 16 Min 2000  
For all employees. Trains how to recognize emergencies such as heart attack, stroke, choking, asthma, diabetic emergency, and seizure. Shows warning signs, but not to do, and demonstrates what can be done until help arrives. Includes using defibrillators and Heimlich maneuver.  
Coastal Video Communications Corp

**Muscle Strains and Sprains**

V0963 20 Min 2002  
Describes how the body moves and provides twelve stretches that can be performed in an industrial setting. Identifies risk

factors that may develop into injuries.  
Summit Training Source Inc

**Needlestick Prevention**

V1027 9 Min 2000  
Focus is on prevention of contaminated sharps injuries in the health care setting. Also covers techniques and engineering controls to reduce risk of bloodborne infection. Program describes needlestick prevention as a proposed bill. It has since been adopted. For more information see <http://www.lni.wa.gov/wisha/rules/bbpathogens/>  
R M Distributors

**Night Driving Tactics, 3rd Ed.**

V1032 17 Min 2001  
Updated version of Night Driving Tactics (V0022). Focuses on the increased risks associated with nighttime driving, dawn and dusk. Describes pre-travel inspection checklist and essential items for an emergency kit. Explains the importance of slower speeds, proper use of headlights, and good vehicle maintenance. Discusses the dangers of driving too fast for weather conditions, driving while drowsy, and being distracted while driving.  
R M Distributors

**Off the Job Safety : Fun in the Sun**

V1006 13 Min 1997  
Nurse Crabitch appears at Crosby Metals Safety meeting to give tips on how to stay out of the emergency room. Covers: water sports; fireworks hazards; preventing heat stress; sun exposure; warm up and cool down from physical activities. Humorous dramatization. Summer follow up to V1000  
Summit Training Source Inc

**Office Ergo**

V1017 5 Min 2001  
Brief overview including the science of ergonomics; musculoskeletal disorders associated with the office environment and best safety practices to reduce exposure to injury. Short version follow up to V1002.  
Summit Training Source Inc

**Office Safety**

V1018 5 Min 2001  
For office workers. Supports hazard recognition and gives techniques to avoid slips and falls; points out dangers of clutter and misuse of office equipment; briefly touches on ergonomic issues. Short version follow up to V1002 .  
Summit Training Source Inc

**Office Safety**

V0941 9 Min 2002  
Covers MSD's, proper lifting, slips, trips and falls, fire, flammable materials, Emergency Action Plan, and stress. Wraps up with an emphasis on hazard recognition.  
Coastal Video Communications Corp

**Office Safety (Ergonomics)**

V1002 12 Min 2001

Focus is on ergonomic risk factors that may be present in workstations. Outlines preventative measures to avoid musculoskeletal injury. Briefly touches on recognizing other hazards in the office including falls, electrical cords, and using office equipment safely. (CC)

Summit Training Source Inc

### **OSHA Recordkeeping : On the Record**

V0993 18 Min 2001

Describes how to properly record incidents and keep in compliance with 29 CFR 1904 including up-to date requirements. Less complex and most satisfactory for small business with few employees. (CC)

Summit Training Source Inc

### **Personal Protective Equipment : Create the Barrier**

V1009 12 Min 2003

Describes types of PPE; how to select proper PPE for the job: using and maintaining PPE and proper storage. (CC)

Summit Training Source Inc

### **Personal Protective Equipment : Win the Race to Safety (Rev. ed)**

V0989 19 Min 1999

Compares the dangers of auto racing to industrial hazards. Features NASCAR star, Bobby Labonte, to motivate use of PPE Covers safe use and maintenance of PPE, total body protection, and hazard assessment. Revised and CC version of V0697 and V0810. Coastal Video Communications Corp

### **Power Press Safety**

V0992 11 Min 2003

Shows power press safe operations for full revolution and part revolution presses. Outlines potential hazards, PPE, injury prevention, barrier guards, two-handed controls, foot controls, presence-sensing devices, pullbacks or pullouts, and restraints.

Summit Training Source Inc

### **Practicing Safe Science (in the Laboratory)**

V0975 29 Min 1992

Focuses on safety in the molecular biology laboratory, demonstrates safe practices, features reenactments of actual laboratory accidents, and poses challenging questions to help the viewer recognize risks associated with scientific protocols. Intended for use as an aid to the promotion of laboratory safety, not as a safety-training program.

Howard Hughes Medical Institute

### **Preparing Your Office for an Earthquake (CC)**

V1040 7 Min

Training identifies hazards and mitigates damage in the office with simple preventative measures. Lists items for emergency kits. Has clips showing damage from the 2001 Nisqually Earthquake.

### **Properties of DOT Class 8 : Corrosives**

V1035 13 Min 1998

Defines corrosives and describes the specific traits associated

with DOT Class 8. Intended audience: emergency responders. Idaho State Police

### **Protecting Your Eyesight**

V0988 7 Min

Dramatic examples showing eye protection by any safety goggles or regular glasses compared to goggles stamped ANSI Z87. Title on label " Eye Protection." An L & I production.

Department of Labor & Industries, State of Washington

### **Protecting Your Health ...For Those Who Process, Sort, & Deliver the Mail**

V0932 16 Min 2001

Basic information about anthrax, strategies for protecting workers from anthrax exposures, and methods for detecting and presently responding to a suspicious letter or package. Training for persons who work in a variety of settings, from small mailrooms to large processing and distribution centers. Gives an overview of PPE, engineering controls, and response to suspicious package protocols that employers may consider for mail processing work areas.

Center for Disease Control and Prevention

### **Putting Slings to Work: Hitch, Capacity & Hardware Selection**

V0928 32 Min 2001

Training for the Rigger in how to apply slings and rigging hardware to the load. Gives complete explanation of the terms: Vertical Load, Working Load Limit, Proof Load, Proof Test, Ultimate Strength and Design Factor. Describes rigging hardware (shackles, hooks, wire rope slings, nylon slings, chain) and hitch types (Single leg, Vertical, Bridle, Basket, Choker and Double Wraps). Identifies PPE and safe rigging practices. Moxie Media

### **Radionuclide Hazards**

V0980 12 Min 1994

For the research laboratory scientist. Reviews the types of emission and associated hazards of the most common radionuclides used in biomedical research.

Howard Hughes Medical Institute

### **Recognizing Hazards**

V1015 5 Min 2001

Encourages front line workers to have an eye for safety hazards in the workplace; to identify and report to supervisor to prevent accidents. Demonstrates stepping back and looking at the workplace critically using all the senses. Industrial work environment. Summit Training Source Inc

### **Recordkeeping : True to Form**

V0974 30 Min 2002

Gives overview of new OSHA recordkeeping forms 300,300-A and 301, how and when to fill them out. Covers: recordable injuries; documentation procedures; and employee privacy safeguards. All work environments.

Coastal Video Communications Corp

### **Recordkeeping For Healthcare : True To Form**

V0966 30 Min 2002

Gives overview of OSHA recordkeeping forms 300,300-A and 301. Defines recordable injuries; documentation procedures; and employee privacy safeguards. Health care workers version.

Coastal Video Communications Corp

### **Respirators: Your TB Defense**

V0938 16 Min 2000

The use of respirators in health care is an important step in preventing the transmission of tuberculosis. Narrator, Loretta Swit, gives an overview of TB in the past and describes the use of various air-purifying and atmosphere-supplying respirators. Describes elements required in a training program.

Center for Disease Control and Prevention

### **Restaurant Safety - Preventing Lifting and Carrying Injuries / Previendo Lesiones al Levantar y Cargar Cosas Pesadas**

V0946 22 Min 2000

Animated video with both English and Spanish versions. Nano learns safety lessons in a virtual restaurant from Sage. Covers techniques for safe lifting of trays, boxes and other objects. Teen appeal. CC on English version only.

### **Restaurant Safety - Preventing Slips, Trips, and Falls / Previendo Resbalones, Tropezones y Caidas**

V0945 22 Min

Animated video with both English and Spanish versions. Nano learns safety lessons in a virtual restaurant from Sage. Covers awareness of potential hazards, attention to details; proper footwear; safe lifting tips; hand washing, cleaning up spills, keeping pathways free of obstacles, and safety attitude. Teen appeal. Closed captioned in English version only.

### **Restaurant Safety - Robbery Prevention and Awareness / Cómo Prevenir Robos**

V0947 22 Min 2000

Animated video with both English and Spanish versions. Nano learns safety lessons in a virtual restaurant from Sage. Covers security precautions, closing procedures and presents several scenarios to show proper actions to take during a robbery. These safety principles also apply in convenience stores or other businesses. Teen appeal. CC in English version only.

National Restaurant Association/WA Restaurant Assoc.

### **Rigging & Lifting with Mobile Construction Equipment**

V0951 28 Min 1997

Includes proper load rigging techniques on the jobsite such as PPE and pre inspection. Shows correct rigging and handling when excavation and earthmoving equipment are used to sling and move loads. R M Distributors

### **Rigging & Lifting with Small Hydraulic Cranes**

V0952 23 Min 1998

Specific to the training of the rigger working with the crane operator. Rigging techniques using one and two parts of line. Lists the responsibilities of the rigger, estimating load weights, center of gravity; techniques for odd shaped loads, and referencing load charts. R M Distributors

### **Safety Orientation : Millennium Edition**

V1008 13 Min 2000

Covers general safety rules, PPE, Electrical safety, emergency action procedures, housekeeping procedures, fire prevention, fire extinguishers (PASS) system, accident reporting and safe lifting. Good for new employee orientation. Safety Source

### **Shipyard Ergonomics**

V1014 27 Min 2003

Filmed in Seattle. Covers ergonomic hazards and measures to prevent injuries in a variety of tasks in the shipyard environment, including welding, confined spaces, and lifting. Identifies risk factors of awkward posture, repetition, forces and weight, vibration, duration, static muscle loading, contact stress, and environment. Shipbuilders Council of America

### **Silicosis**

V1026 5 Min 1994

Describes silicosis disease and sources of silica exposure. Demonstrates PPE to control risk of silica and other harmful dusts. R M Distributors

### **Silicosis Awareness on the Construction Site**

V1012 15 Min 1999

Training for prevention of silicosis among cement masons. Defines silicosis and risk factors. Describes hazardous working conditions, safety procedures, and PPE. Produced by Oregon and SW Washington Cement Masons Apprenticeship Program. May be duplicated. Spanish version V1025

Dept of Consumer Business & Services, Oregon OSHA

### **Silicosis Awareness on the Construction Site (Spanish Version)**

V1025 15 Min 1999

Demonstrates to employees the importance of reporting close call incidents correcting hazards, unsafe conditions, emergency response, controlling emotions, and avoiding complacency in safety procedures. Industrial work environment. English version is V1012

Dept of Consumer Business & Services, Oregon OSHA

### **Slips, Trips and Falls : Keeping a Step Ahead**

V0996 12 Min 2001

Outlines the common causes of falls in the workplace, ladder and stair safety. Alerts viewers to watch for slippery floor surfaces and shows non-skid footwear. Examines fall protection equipment and safety techniques to prevent injury.

Summit Training Source Inc

### **Special Report - Disaster Preparedness**

V0937 20 Min 2001

In the aftermath of the attack on the World Trade Center on 9/11/02, this dramatic and special report by the Safety and Environmental Affairs Journal was produced. Focus is on disaster prevention in the workplace. Covers: emergency action plans, fire drills, fire safety procedures, and package bombs.

Coastal Video Communications Corp

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### **Stop it Burning**

V0990                      17 Min                      2000  
Systematically looks at types of fires, extinguishing agents, types of extinguishers and uses of each type of extinguisher. Reviews the four main types of fires: Class A, B, C, & D. Update of V0590.                      SafetyCare Inc

### **Stretching Out At Work**

V0943                      12 Min                      2001  
A program designed to motivate employees to reduce workplace injuries by demonstrating stretching techniques and proper body mechanics. Narration by Michael Melnik after a humorous lead in by the nutty professor.  
Comprehensive Loss Management, Inc.

### **Take Five for Health and Safety - Lifting, Ergonomics & Stretching**

V0942                      27 Min                      2000  
Three popular nine minute segments in a unique talk show setting with occupational therapist and injury prevention specialist, Michael Melnik. Each segment focuses on an individual topic demonstrating proper body mechanics and prevention techniques. Also available on V0874 and V0875 as separate programs. CLMI

### **Take Five for Health and Safety - Sitting and Standing**

V1021                      16 Min                      2000  
Two nine minute segments in a unique talk show setting with occupational therapist, Michael Melnik. Each segment focuses on an individual topic demonstrating proper body mechanics and prevention techniques. Also available on V0874 and V0875 as separate programs.  
Comprehensive Loss Management, Inc.

### **Teens Teaching Teens : Food Service Safety Tips**

V0961                      10 Min                      2002  
Locally produced by Washington Restaurant Association with the WRA Education Foundation and L & I. Excellent orientation program by teens covering and the essentials of food service work environment. Includes teen rights, slips and falls, safe lifting, proper footwear, knife and blade safety, preventing burns. National Restaurant Association/WA Restaurant Assoc.

### **Tips from the Pros : Rigging and Lifting**

V0950                      28 Min                      2001  
Gives tips on how to estimate weigh and center of gravity for large or odd shaped loads. Overview of analyzing loads, sling placement, and lift points. R M Distributors

### **Trips and Falls**

V1016                      5 Min                      2001  
For front line workers. Shows how to prevent common slips, trips & falls in all workplaces. Shorter version of V0996  
Slips, Trips and Falls.                      Summit Training Source Inc

### **Universal Precautions**

V1028                      8 Min                      1993  
Discusses the use of universal precautions to prevent exposure to blood and body fluids. Most appropriate for health care students and non-licensed health care workers. Not a bloodborne pathogens training program.  
R M Distributors

### **Welding Safety : Safe Work with Hotwork**

V0998                      18 Min                      2003  
Describes hazards and engineering controls of hotwork. Covers PPG, safe work practices and worksite safety. Reviews inspection and equipment maintenance for arc and oxyfuel welding. CC version.  
Coastal Video Communications Corp

### **Winter Driving**

V1020                      8 Min                      1998  
Refresher training gives tips on driving hazards in snowy conditions. Gives vehicle inspection checklist for winter condition driving and tips on winter driving skills.  
Aims Multimedia

### **Working Safely in Hot Environments**

V0955                      15 Min                      2002  
This program shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and, what first aid procedures to administer when assisting victims of specific heat-related illnesses.                      ERI Safety Videos

### **Working With Stress**

V0986                      16 Min  
Overview of job stress and how it affects job productivity. Can be used as orientation video for administrators and supervisors. May be duplicated..  
Center for Disease Control and Prevention

### **X-Ray Diffraction Hazards**

V0985                      9 Min                      1997  
Basic statement of the hazards associated with x-ray diffraction and the need to exercise deliberate precautions during its use.  
Howard Hughes Medical Institute

### **You Are My Sunshine**

V1045                      69 Min  
A detailed documentary of the Sunshine Mine Disaster of 1972. The video explores what happened, what went wrong and lessons learned. Survivors discuss how their lives were changed. Information is applicable for emergency response workers or those potentially exposed to carbon monoxide or working in confined spaces.  
Spokane Research Lab